

# Consent belongs at work.

**Consent (con·sent /kən'sent/)**  
is permission for something  
to happen and is:

**Freely Given**

Not given under distress or pressure

**Reversible**

Able to be taken back at any time for any reason

**Informed**

All information necessary to make a sound  
decision was there

**Engaged**

Signals presence and authenticity

**Specific**

Not assumed to carry over to more than  
one situation

**To practice Consent at Work,  
we must:**

**Ask**

genuine, considerate, appropriate questions  
prior to acting.

**Listen**

to, and comply with, the answer or decision.

**Respect**

each response beyond the interaction, without  
trying to punish someone for their response.

**Whether we're talking to a friend or making  
job-related decisions, this mindset and practice  
can help workers to build a stronger culture  
of trust, respect and anti-harassment.**

**Workplace Sexual Harassment is any act of a sexual nature carried out without consent within  
a workplace setting or circumstance. It is rooted in systems of oppression and is often used  
to control or gain power over others.**